



### A MESSAGE FROM OUR ME2 TEAM



Ho! Ho! Ho! The Christmas season is upon us, and as we cozy up with some festive cheer, we can't help but reflect on the incredible journey we've had this year!

2024 has been a whirlwind of exciting new initiatives and partnerships that have truly energized our mission. We've made amazing strides, and we're thrilled to share all the milestones and successes with you.

With the holiday season in full swing, we're eagerly looking forward to the adventures that lie ahead.

Wishing you a Christmas filled with warmth, joy, and all the magic of the season. May the new year ahead bring fresh inspiration, boundless energy, and countless moments that make you smile.

#### SPOTLIGHT ON SUCCESS STORIES: FROM VOCATIONAL TRAINING GRADUATES TO INTEGRAL TEAM MEMBERS



At Me2 Centre of Inclusive Arts, we are thrilled to share a heartwarming success story that epitomizes our mission of empowering individuals and creating opportunities for personal and professional growth. Sharaani and Lynn, two outstanding graduates from our vocational training programme, have joined us for a six-month internship, during which they've grown into valuable members of our team. Their journey showcases the transformative power of inclusive arts and vocational training, inspiring everyone around them.

During their internship, Sharaani and Lynn have been instrumental in assisting with various classes across our programmes. They've supported activities in areas like public speaking, dance, drama, and visual arts, working closely with our experienced instructors and engaging with participants. This role allowed them to not only apply what they learned in their vocational training but also develop practical skills in classroom management, communication, and participant engagement.

Every day presented new opportunities to learn and grow. Sharaani and Lynn discovered the rewarding experience of working in an inclusive arts environment, where they got to see first-hand the joy and confidence that the arts can bring to participants of all abilities and backgrounds. Their presence brought fresh perspectives and positive energy to the classes, creating a supportive and inspiring environment for everyone involved.

As they continue on their journey, we are excited to support Sharaani and Lynn in reaching new milestones and unlocking further potential.

Let's all celebrate the accomplishments of Sharaani and Lynn—two inspiring examples of how the arts can transform lives and open doors to a brighter, more inclusive future.

### JULY 2024 HIGHLIGHTS

**Embracing the Arts: A Fresh Look for Me2 Centre of Inclusive Arts! Presenting our new logo!**



Since 2011, Cerebral has been at the forefront of designing impactful events and delivering enriching arts-based programmes. As we navigated the challenges of the COVID-19 pandemic, our mission evolved. We saw a growing need to support those often overlooked – persons with disabilities, at-risk individuals, and caregivers. In response, we founded Me2, a company devoted to accessibility, arts with impact, and care.

Today, we are excited to announce a significant transformation in our journey. All our enrichment programmes will now come under the new banner of Me2 Centre of Inclusive Arts. This rebranding is more than just a change in name; it represents our deepened commitment to creating a space where everyone, regardless of their circumstances, can participate in or experience the transformative impact of the arts.

Our new logo perfectly captures this vision. The bold and modern typography of "Me2" reflects our confidence and forward-thinking approach, while the vibrant yellow highlights our optimism, warmth and creativity. The large "2" symbolizes our belief in partnership and inclusivity, echoing the message that "me too" means everyone belongs. The tagline, "A member of the Cerebral Family," ties this new chapter back to our strong foundation, ensuring continuity and quality in everything we do.

As we move forward under Me2 Centre of Inclusive Arts, Cerebral will continue to provide top-tier event planning services, maintaining the excellence that has defined us for over a decade. Together, through this rebranding, we are not just reshaping our identity; we are reinforcing our values and expanding our impact to make the arts accessible to all.

We are proud to embark on this new journey with you, creating a lasting legacy of arts with impact and accessibility for everyone we serve.

**We're excited to announce the launch of our newly updated website! Dive into a fresh online experience at [www.me2.com.sg](http://www.me2.com.sg) to explore our innovative programmes, impactful stories, and latest news.**

### AUGUST 2024 HIGHLIGHTS

#### A Whirlwind of Arts: Capstone Kindergarten's Open House with Singapore's Leading Centre of Inclusive Arts!



Step into a world where creativity knows no bounds, where young minds are encouraged to explore, imagine, and express. Capstone Kindergarten opened its doors to us to host exciting trials for their Open House, inviting families to experience a taste of “A Whirlwind of Arts.” This event was crafted to ignite curiosity, inspire confidence, and nurture the artistic potential of every young learner.

The open house featured a lineup of two dynamic programmes, each one uniquely designed to help children unlock new skills and broaden their imaginative horizons. The day was filled with laughter, learning, and hands-on fun, giving parents a sneak peek into the enriching experiences their children could embark on.

First up was the Chatter Bug Trial: Strike a Pose segment—a lively, confidence-boosting session that introduced children to the power of body language. Led by engaging instructors, the kids learned how to express themselves with impactful power poses that build confidence and improve public speaking skills. These poses help children communicate not only with words but with presence and charisma, laying a foundation for clear and expressive communication. As they stood tall and proud, their faces lit up with newfound self-assurance, demonstrating the joy that comes from discovering their unique voices.

In the picture on the top left, you can see the children embracing these poses with a contagious sense of joy and self-confidence, embodying the very essence of “Strike a Pose” as they grow into little public speaking stars.

Next, curiosity met creativity in the STEM Art Trial. This session brought art and science together in a way that captivated the children’s imagination. Through hands-on activities, they explored the fascinating intersections of colors, shapes, and even basic scientific concepts, culminating in the creation of their own memorable souvenirs. This trial wasn’t just about creating something beautiful—it was about sparking a sense of wonder and showing children how art and science can come together to create something truly unique.

The day was more than just an open house—it was a celebration of inclusivity, creativity, and the endless possibilities that unfold when children are given a nurturing environment to explore their passions. If you missed the open house, don’t worry! Enrollment is still open for our programmes. Call us at [+65 8842 2471](tel:+6588422471) or write in to [askme@me2.com.sg](mailto:askme@me2.com.sg) now

### AUGUST 2024 HIGHLIGHTS

#### A Wall of Creativity: Celebrating Young Artists at Loving Heart



Loving Heart Multi-Service Centre is a community-focused organization in Singapore dedicated to enhancing the well-being of residents through various programs and services. Their initiatives aim to build a healthy and inclusive community by addressing the needs of families, seniors, and vulnerable individuals.

For more information about their services, volunteering opportunities, or to get involved, you can visit their official website: <https://www.lovingheart.org.sg/>

In a heartwarming collaboration with Loving Heart, an art installation that beautifully celebrates creativity and self-expression has taken pride of place at the center. This vibrant feature wall is a testament to the talents of Loving Heart's students, who poured their hearts and imagination into crafting a stunning collection of artworks.

The installation comprises a series of artworks in diverse shapes—hearts, circles, and squares—each uniquely painted and adorned by the students. The color palette transitions seamlessly from warm hues of red, pink, and orange to cool shades of blue and purple, creating a visually striking spectrum that captures a range of emotions and stories.

Each piece tells a tale of individuality and artistic growth. From painted sunsets and floral motifs to textured designs and playful patterns, the artworks reflect the students' perspectives and creative journeys. The installation is more than just a decorative feature—it's a celebration of their hard work and the boundless possibilities of their creativity.

The feature wall now serves as a focal point at Loving Heart, adding warmth and vibrancy to the space while reminding everyone of the incredible potential that lies within young minds. It's a space where visitors can pause, admire, and feel inspired by the students' artistic achievements.

This project highlights the importance of fostering creativity and providing platforms for self-expression. It's not just about art—it's about creating a community where talents are nurtured, celebrated, and shared. For Loving Heart, this installation is a symbol of their commitment to empowering their students and giving them the opportunity to shine.

The success of this project demonstrates how art can transform spaces and bring people together. As visitors to the center admire the feature wall, they're not just seeing artworks—they're experiencing the spirit of collaboration, growth, and love that made it all possible. If you would like an art installation at your space, call us at +65 8842 2471 or write in to [askme@me2.com.sg](mailto:askme@me2.com.sg) now.

### AUGUST 2024 HIGHLIGHTS

#### Pathlight Performing Arts Club Shines in National Day Performance: From Shadows of Trust to The Road Ahead



This National Day, the Pathlight Performing Arts Club delivered a moving and thought-provoking performance, blending the raw storytelling of *Shadows of Trust* with the uplifting energy of *The Road Ahead*. Together, these two pieces showcased the talent and resilience of Pathlight students, leaving the audience inspired and hopeful.

The performance began with *Shadows of Trust*, a gripping triptych monologue that delves into the emotional and social impacts of online scams. The performance explored the issue through the voices of three characters: the victim, the scammer, and a family member of the victim. Each story revealed a unique perspective, highlighting the far-reaching consequences of digital deceit.

Pathlight students took center stage, demonstrating the power of their training in monologue performance. Under the guidance of Head Instructor, Mabel, the students mastered the art of embodying their characters with authenticity and depth. They learned to project their voices, convey emotion through subtle expressions, and build a connection with the audience.

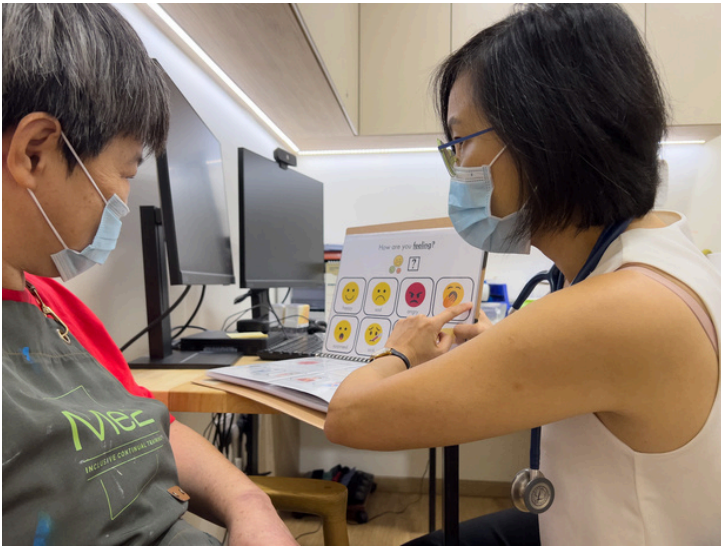
The culmination of their efforts was a heartfelt portrayal of how trust, once broken, impacts individuals and families. The piece concluded with a powerful symbolic scene, bringing all three characters together to emphasize the collective responsibility of fostering a safer digital environment.

After the emotional weight of *Shadows of Trust*, the club transitioned into the energizing and uplifting *The Road Ahead*, a contemporary dance performance set to the stirring anthem of the same name. The dancers captivated the audience with their fluid movements and expressive choreography, representing themes of hope, resilience, and determination.

The National Day performance by the Pathlight Performing Arts Club was more than just an artistic showcase—it was a testament to the potential of inclusive education and the transformative power of the arts. From thought-provoking storytelling to an exuberant celebration of hope, the students demonstrated their growth as performers and their ability to address meaningful societal issues. It was a showcase to remember, a celebration of talent, resilience, and the boundless road ahead.

### SEPTEMBER 2024 HIGHLIGHTS

#### Me2 Centre of Inclusive Arts Partners with IDHealth to Empower Students with Essential Healthcare Skills



At Me2 Centre of Inclusive Arts, we are constantly evolving to create meaningful, inclusive programs that equip our students with practical skills for everyday life. We are thrilled to announce a new collaboration with IDHealth as part of our latest self-care module. Together, we're teaching students at SUN-DAC Upper Thomson the importance of routine healthcare, from visiting a clinic for minor ailments to understanding the process of an annual full-body check-up. Located conveniently at Upper Thomson, IDHealth was the ideal partner to bring this initiative to life—right outside the classroom!

The collaboration with IDHealth underscores our shared vision of making healthcare accessible, understandable, and approachable for persons with disabilities. Our students at SUN-DAC Upper Thomson had the unique opportunity to participate in a hands-on clinic visit, where they were guided through every step of a typical healthcare experience. From registration to medication collection, each stage was carefully explained and demonstrated, helping to demystify the clinic visit process and encourage independence.

During this experiential learning module, students learned about each step of a clinic visit flow. They practiced:

- Registering and waiting for their turn, promoting patience and understanding of appointment protocols.
- Height, weight, and blood pressure checks, reinforcing the importance of tracking their physical health.
- Meeting with a doctor, where they practiced expressing their needs and asking for help.
- Collecting medication and making payment, if required, before leaving the clinic.

This immersive experience gave students a sense of confidence in navigating healthcare environments, turning an otherwise daunting experience into an empowering one.

Our gratitude extends to Joy, Head of Community Building and Enablement at IDHealth, and Deborah, a dedicated speech and language therapist, for their exceptional support in making this module engaging and accessible. They shared a variety of visual aids with our students, simplifying complex medical concepts and helping students articulate their needs and symptoms. Visual aids were an invaluable tool, allowing students to express themselves confidently, even in unfamiliar settings.

### SEPTEMBER 2024 HIGHLIGHTS



Joy and Deborah's empathetic approach set the tone for a welcoming, patient-centered environment. Their knowledge and understanding were evident as they took the time to answer questions, encourage participation, and build rapport with each student. For many, this interaction marked a significant milestone in feeling comfortable within a healthcare setting.

IDHealth's network of primary care doctors across the island, made this collaboration particularly impactful. The organization's wide reach offers exciting possibilities for making healthcare more accessible for our clients at Me2 Centre of Inclusive Arts. This partnership sets a precedent for future initiatives that bring healthcare resources directly to communities in need, fostering greater independence and self-care among individuals with disabilities.

At Me2 Centre of Inclusive Arts, we believe in empowering our clients to thrive in every aspect of their lives. This partnership with IDHealth is a vital step toward enabling our students to take charge of their health and wellbeing. By familiarizing them with the clinic experience, we're giving them the tools they need to approach healthcare confidently, advocate for themselves, and take a proactive role in their wellness journey.

We look forward to building on this foundation and expanding our self-care modules with IDHealth, knowing that we are setting our students up for a healthier, more independent future. Visit [www.me2.com.sg](http://www.me2.com.sg) to learn more about our programmes and this exciting new partnership!

#### About ID Health

**Happee Hearts Movement is a Singapore-based charity dedicated to improving the lives of individuals with intellectual disabilities and their caregivers. Through its ID Health initiative, Happee Hearts offers accessible, compassionate healthcare services tailored to the unique needs of this community. Their approach is holistic, focusing on empowering clients to lead healthier lives with dignity and respect. From integrated health services to supportive community programs, Happee Hearts Movement is committed to fostering a more inclusive and understanding society. Learn more at [happeehearts.com](http://happeehearts.com).**

### OCTOBER 2024 HIGHLIGHTS

#### Building Bridges for Inclusive Education in Hong Kong



**Professor Kenneth Sin is a leading expert in special education at The Education University of Hong Kong, where he directs the Centre for Special Educational Needs & Inclusive Education. His work focuses on training educators to create inclusive environments that support students with diverse learning needs. Through his research and advocacy, Professor Sin has significantly impacted educational practices and policies, advancing inclusive education in Hong Kong and beyond.**

**Learn more at:**  
<https://www.eduhk.hk/en/experts/professor-sin-ken-fung-kenneth>

We are excited to announce that our co-founders, Ren and Jean, recently returned from an inspiring trip to Hong Kong in October. This visit marked another significant step forward in our mission to broaden the scope of inclusive education across borders. Ren and Jean met with Dr. Kenneth Sin, Professor from the Department of Special Education & Counselling and Director of the Centre for Special Educational Needs & Inclusive Education at The Education University of Hong Kong, along with his remarkable team, who graciously hosted them. Dr. Sin's dedication to supporting individuals with diverse learning needs aligns closely with our own goals, and we are incredibly grateful for the opportunity to learn from his expertise and exchange ideas.

This collaboration opens up exciting new avenues for growth. Together, we are exploring partnerships to develop training and certification programs tailored specifically for inclusive education trainers in Hong Kong. By equipping educators with the skills they need to foster inclusive environments, we hope to create sustainable change in classrooms and communities alike. In addition, we are discussing initiatives aimed at enhancing support for individuals with disabilities and their families in Hong Kong, laying the groundwork for a future where every individual feels valued and empowered.

Ren and Jean returned with a renewed sense of purpose and a deeper understanding of the unique needs of the Hong Kong community. They were inspired by the vibrant discussions and shared vision that emerged from this visit. Together, we believe we can make a lasting impact by combining resources, expertise, and compassion to strengthen inclusive programs that bring tangible benefits to the local community.

As we move forward with these plans, we are excited about the transformative potential of these partnerships. We envision a future where educators, caregivers, and communities work together to create environments that honor diversity and provide opportunities for growth and self-expression. With the support of The Education University of Hong Kong and other dedicated partners, we are confident that together we can make a meaningful difference.

Stay tuned for more updates on this journey of collaboration, compassion, and commitment to inclusivity. Together, we are building a foundation for a brighter, more inclusive future!

### OCTOBER 2024 HIGHLIGHTS

#### Collaborating for Positive Change with Nam Wah Catholic Secondary School in Hong Kong



Exciting developments are underway at Cerebral Hong Kong and Me2 Hong Kong! We recently had a highly productive meeting with Nam Wah Catholic Secondary School to discuss collaborative initiatives aimed at enriching student lives and fostering a culture of inclusivity and growth. This partnership represents a shared vision for an educational environment where all students feel supported, valued, and empowered to reach their full potential.

During the meeting, we explored a variety of impactful programmes designed to address the unique needs of Nam Wah's students. These initiatives will not only support academic learning but also place a strong emphasis on life skills, quality of life, and social development. By working together, we aim to create a supportive atmosphere that cultivates resilience, confidence, and a sense of belonging.

Through programmes that integrate inclusive practices, we're committed to equipping students with essential tools for both their academic and personal journeys. This collaboration is a significant step forward in our ongoing efforts to create meaningful change within the educational landscape of Hong Kong. We are excited to see these plans take shape and look forward to the positive impact we can make together.

Stay tuned for updates as we move forward in this journey, working hand-in-hand with Nam Wah Catholic Secondary School to inspire and uplift the next generation of learners!

**Nam Wah Catholic Secondary School is a co-educational institution located at 5 Wing Ming Street, Sham Shui Po, Kowloon, Hong Kong. Established in 1946, the school is affiliated with the Catholic Diocese of Hong Kong and offers a comprehensive curriculum aimed at holistic student development. ([nwcss.edu.hk](http://nwcss.edu.hk))**

**It is a well-respected educational institution in Hong Kong with a mission rooted in providing a holistic education that fosters both academic excellence and moral development. Guided by Catholic values, Nam Wah is committed to nurturing compassionate, responsible, and well-rounded students who contribute positively to society. The school places a strong emphasis on character-building, critical thinking, and community engagement, creating a supportive environment where students can thrive academically, socially, and spiritually.**

### OCTOBER 2024 HIGHLIGHTS

#### Exploring New Opportunities with Chinese YMCA of Hong Kong & YMCA College of Careers



We're thrilled to share our recent visit to the Chinese YMCA of Hong Kong and YMCA College of Careers, where we had the pleasure of meeting with Noel Suen and his dedicated team. A huge thank you to Noel for hosting us and facilitating such engaging and insightful discussions!

This meeting was an inspiring opportunity to connect over our shared goals of empowering individuals and enriching communities through impactful programmes.

By collaborating with the YMCA College of Careers, we hope to create initiatives that reach beyond traditional learning, focusing on holistic development that includes personal growth, social engagement, and real-world applications. From vocational training to community-focused workshops, we hope to design programmes that equip participants with the tools to thrive in both their personal and professional lives.

This partnership holds tremendous potential for creating lasting, meaningful change. Thank you once again, Noel Suen, and the Chinese YMCA of Hong Kong and YMCA College of Careers team, for your warm hospitality and for joining us on this journey of collaboration and growth. Together, we can build a brighter future, and we look forward to all that we will achieve side by side.

Stay tuned for updates as we embark on this meaningful partnership.

#### **Chinese YMCA of Hong Kong**

Founded in 1901, the Chinese YMCA of Hong Kong is a non-profit organization focused on community service, youth development, and education. Through diverse programs, it fosters inclusivity, empowerment, and social well-being.

#### **YMCA College of Careers**

Part of the Chinese YMCA, YMCA College of Careers provides career-focused vocational training, equipping students with practical skills and values for professional success and social responsibility.

To learn more, visit: <https://www.ymca.org.hk/en/>

### OCTOBER 2024 HIGHLIGHTS

#### Ending Our Hong Kong Trip with Heartfelt Connections at Nam Wah Secondary School in Hong Kong

We wrapped up our impactful Hong Kong trip with a memorable and enriching sharing session alongside the dedicated parents of Nam Wah Secondary School.

This gathering was more than just a meeting; it was an invaluable opportunity to connect, listen, and share insights with the families who play such an essential role in supporting and shaping the lives of their children.

A heartfelt thank you to Nam Wah Secondary School for organizing this session, and to all the wonderful parents who joined us with open minds and hearts. Through meaningful discussions and thoughtful exchanges, we were able to better understand the hopes, aspirations, and challenges that parents have in nurturing their children's growth and success.

This session reinforced our commitment to creating programmes and initiatives that resonate with the needs of families, and it highlighted the importance of a strong community in fostering an environment where every student feels supported.

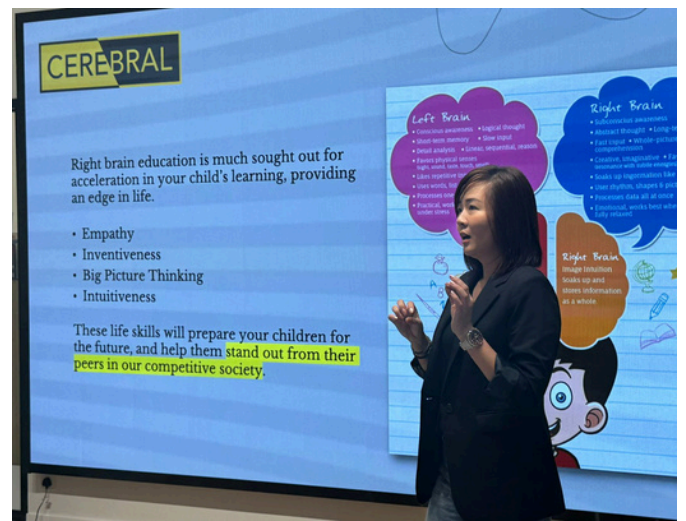
We were truly inspired by the warmth, enthusiasm, and dedication of everyone involved, and it has left us eager to build upon this foundation of mutual understanding and collaboration.

Looking ahead, we are excited to deepen our partnership with Nam Wah Secondary School. Together, we aim to bring about lasting, positive change that uplifts every student and empowers every family.

Moments like these remind us of the power of unity and shared vision, and we are grateful to have been part of such a meaningful experience.

Thank you once again to Nam Wah Secondary School, the inspiring parents, and everyone who contributed to making this session a success.

Here's to more opportunities to grow together and to build a brighter future for our students and their families!



### OCTOBER 2024 HIGHLIGHTS

#### Trainer Fazri's Visit to Hong Kong: Welcoming New Talent and Strengthening Our Team



We're excited to share a recent milestone for our team as Trainer Fazri flew to Hong Kong to conduct assessments for our programmes. This visit underscores our commitment to maintaining the high standards that define our training, ensuring every session we deliver is impactful and transformative.

In addition to assessing four new trainers—whom we are thrilled to welcome—Fazri conducted refresher sessions for our previous batch of trainers from April. These refreshers are essential as they help trainers sharpen their skills, stay aligned with our evolving programme goals, and reinforce the consistency that is at the heart of our teaching. By providing our trainers with continuous learning and support, we ensure that they're well-prepared and confident in delivering the best experience possible for our participants.

#### Building Strong Partnerships in Hong Kong

**Our Partnerships with Kaboodle, First Little Step Tsuen Wan, and First Little Step Olympic enable us to deliver our programmes in nurturing, dynamic environments that foster creativity, curiosity, and resilience.**

**By aligning with First Little Step's child-centered philosophy and Kaboodle's play-based approach, we're able to provide enriching, hands-on experiences that empower young learners. These collaborations are essential in adapting our training to local needs and driving impactful learning across diverse spaces.**

The training programme was a comprehensive 5-day affair, carefully structured to include assessments, personalized feedback, and live class observations. Each day was meticulously planned to provide both our new and existing trainers with hands-on, real-time guidance.

During the assessments, trainers showcased their teaching skills and demonstrated their readiness to uphold the quality of our programmes. This was followed by individual feedback sessions, where Fazri offered personalized insights to help each trainer hone their approach, embrace best practices, and refine their techniques.

Our heartfelt thanks to Fazri and to our trainers, both new and returning, for their hard work and enthusiasm.

Together, we are well-positioned to continue delivering a truly exceptional training experience and making a meaningful difference in the communities we serve.

### OCTOBER 2024 HIGHLIGHTS

Fazri's Visit to Observe Fencing CCA in Hong Kong as part of an exchange experience.



During his trip to Hong Kong, Fazri had the opportunity to visit a school, where he observed a 60-minute fencing Co-Curricular Activity (CCA) session. This experience provided him with valuable insights into the way fencing is taught and practiced in Hong Kong schools, and also highlighted the importance of such exchanges in fostering a deeper understanding of the local educational landscape.

During the session, Fazri watched as the students engaged in focused drills, working on their footwork, blade control, and strategic thinking. The instructor maintained a structured yet dynamic approach, guiding students through exercises that encouraged both precision and adaptability.

What stood out most was the balance of discipline and camaraderie among the students. Despite the individual nature of the sport, there was a strong sense of teamwork and mutual respect, which created a supportive environment for learning.

Through this experience, Fazri was able to observe the broader context of Hong Kong's educational philosophy, where academic learning is often complemented by a wide range of extracurricular activities. The fencing lesson reflected the emphasis on developing not just technical skills, but also personal qualities like resilience, self-control, and determination. These values align with the holistic approach to education in Hong Kong, where the goal is to nurture well-rounded individuals.

Fazri's visit reinforced the importance of such cross-cultural exchanges. Observing how fencing is integrated into the school's CCA programme offered a new perspective on how different educational systems foster both intellectual and personal growth.

These experiences are essential for building a greater understanding of the global educational landscape, as they allow for the exchange of ideas and practices that can enrich both individual and collective learning.

### NOVEMBER 2024 HIGHLIGHTS

#### Collaboration with Teka for Meal Prep with Me2 Series



**Teka is a leading global brand known for its high-quality kitchen appliances and innovative solutions. With a commitment to design excellence, functionality, and sustainability, Teka provides cutting-edge products that enhance cooking experiences. Their state-of-the-art show kitchens and advanced appliances are trusted by professionals and home chefs alike, offering top performance and sleek aesthetics. Teka's dedication to creating durable, user-friendly products makes them a valued partner in the kitchen, helping individuals and families prepare meals with ease and efficiency.**

We are thrilled to announce our successful collaboration with Teka, who generously provided their state-of-the-art show kitchen for filming our Meal Prep with Me2 series. This partnership has been essential in bringing our vision to life and enhancing the production quality of the series.

Teka's cutting-edge kitchen facilities offered the ideal setting, with top-of-the-line appliances and a sleek, modern design that allowed our Master Chef, Keith Peck, to showcase his creativity and expertise in meal prep. The high-quality space not only ensured a smooth filming process but also provided an inspiring backdrop for sharing nutritious, easy-to-make meal ideas.

The Meal Prep with Me2 series was designed to empower individuals with practical meal planning tips and the tools needed for healthier, more balanced lives. Thanks to Teka's support, we were able to demonstrate various meal prep techniques, from simple breakfasts to hearty dinners, all using high-end kitchen appliances.

We are deeply grateful to Teka for their contribution to this project. Their partnership was instrumental in delivering valuable, engaging, and educational content to our community. With their expertise and resources, we were able to offer an immersive experience for participants and create a visually appealing series we're proud to share. "Thank you, Teka, for being such an integral part of Meal Prep with Me2. Your support has made a significant difference, and we look forward to many more successful collaborations in the future!"

The Meal Prep with Me2 programme was designed with a clear intention: to empower individuals with special needs by teaching them the essential skills for meal preparation. This fosters greater independence and eases the burdens on caregivers. We recognize that meal preparation can be particularly challenging for families caring for individuals with special needs. Through this programme, we aim to equip participants with the confidence and abilities to manage their own nutrition, helping them lead more independent and fulfilling lives.

If you know someone who will benefit from our Meal Prep with Me2 programme, call us at **+65 8842 2471** or write in to [askme@me2.com.sg](mailto:askme@me2.com.sg) now

### NOVEMBER 2024 HIGHLIGHTS

**Enriching Lives at Red Cross Home: Visual Arts Trial by Me2 Centre of Inclusive Arts brought the gift of our local delight – Ice Kachang to the residents**



At Me2 Centre of Inclusive Arts, we believe that creative expression can deeply enhance lives, no matter the ability level. This philosophy guided our recent trials at the Red Cross Home, where we introduced a Visual Arts session.

Designed with a focus on accessibility, engagement, and holistic well-being, the trial aimed to boost social interaction, communication, motor skills, and overall quality of life for residents. By adapting each activity to the unique needs of our clients, we created experiences that were not only enjoyable but also meaningful.

Red Cross Home is home to individuals with a wide range of physical and cognitive needs, many of whom face mobility and communication challenges. To foster participation and enjoyment, we adapted our sessions with accessible tools and structured activities, allowing each resident to engage at their comfort level.

Our primary focus was to create a sensory-rich experience where residents could explore art through touch, color, and movement. We adapted materials, using larger brushes and tactile mediums, so that participants with limited dexterity could enjoy creating without frustration.

The session not only encouraged self-expression but also fostered:

- **Social Interaction:** We arranged activities that allowed residents to work side-by-side, offering a shared experience that naturally invited interaction.
- **Communication:** Recognizing the communication barriers some clients face, our instructors facilitated non-verbal expression, using art as a way for residents to share their thoughts and feelings.
- **Motor Skills:** The activities were designed to promote fine motor skills through repetitive motions, such as dabbing or brushing.
- **Enhanced Quality of Life:** Creating art offered residents an uplifting experience, allowing them to take a break from their daily routine and immerse in a moment of relaxation and creativity.

We look forward to working closely with Red Cross in 2025 and make a positive impact to the quality of life of the residents.

### NOVEMBER 2024 HIGHLIGHTS

#### A Day of Discovery: Sundac CCK Clients Enjoy a Fun-Filled Trip to the Science Centre

As part of the Improv with Me2 Quality of Life module, a special outing was organized for Sundac CCK clients to the Singapore Science Centre. The day was designed not only to provide a fun and interactive learning experience but also to encourage the clients to practice and enhance their independent traveling skills in a real-world setting.

Upon arrival at the Science Centre, the group was immersed in a world of hands-on exhibits and interactive displays. From exploring the wonders of physics through dynamic experiments to learning about the human body through engaging, tactile exhibits, the clients had the chance to dive into the world of science in a fun and meaningful way. They explored everything from robotics to space technology, enjoying the variety of exhibits that sparked their curiosity and encouraged active participation.

The hands-on activities allowed the clients to experiment, observe, and learn at their own pace, making the experience both educational and enjoyable. One of the highlights was the opportunity to engage with the various interactive displays, where clients could manipulate machines, test principles of motion, and explore scientific phenomena in a playful and engaging manner.

Beyond the educational benefits, the trip also provided valuable practice in real-life skills. By taking public transport and navigating through the Science Centre, the clients had the chance to work on their social interactions, communication, and self-reliance.

This outing to the Science Centre was a wonderful example of how experiential learning, combined with life skills practice, can enhance the quality of life for the clients. It was a day filled with discovery, excitement, and personal achievement, and the clients returned with a sense of pride in what they had accomplished. This initiative will surely inspire future outings and further opportunities for growth as part of the Improv with Me2 program.



### NOVEMBER 2024 HIGHLIGHTS

#### Chatter Bug's Enchanted Year-End Production: A Magical Journey Through Fairytales



This year's Chatter Bug programme is set to transport audiences into a world of magic, wonder, and timeless tales with its enchanting year-end production, *Enchanted*. Our young storytellers are ready to bring to life some of the most beloved fairytales, captivating the audience with stories of courage, love, and friendship. Featuring iconic female characters like Cinderella, Rapunzel, and Mulan, alongside brave male leads such as Jack from *Jack and the Beanstalk* and Peter Pan, the performance promises to be a delightful journey through the world of imagination.

The children, who have worked tirelessly throughout the year, will embody these classic characters, using their public speaking skills to narrate each tale with confidence and charm. Whether it's the hope-filled transformation of Cinderella, the bravery of Mulan, or the magical adventures of Peter Pan, the young performers will showcase not only their acting talents but also their growing communication skills.

The heart of the performance lies in the students' ability to engage and connect with the audience. Through expressive dialogue and vivid storytelling, the children will demonstrate how far they've come in their public speaking journey. From *The Little Mermaid* to *Beauty and the Beast*, each fairytale is brought to life through the unique personalities and perspectives of the performers. Their use of tone, gestures, and facial expressions will infuse the stories with a new energy, making each classic fairytale feel fresh and alive.

The production will be more than just an entertaining spectacle—it will be a testament to the students' growth over the course of the programme. As they narrate these stories, the children will not only demonstrate their mastery of storytelling but also the power of expression and self-confidence they've developed. The confidence they've gained in their public speaking abilities is evident in the way they captivate the audience with poise and personality, breathing new life into each character's journey.

*Enchanted* is more than just a performance; it is a celebration of the hard work, creativity, and growth these young storytellers have achieved. It is an opportunity for them to shine on stage, share their voices, and leave the audience swept away in the magic of their stories.

A heartfelt thank you to our dedicated instructors and production crew, whose hard work and commitment have brought *Enchanted* to life. From guiding our young storytellers in developing their public speaking skills to crafting the perfect stage experience with costumes, props, and sets, their passion and creativity have been invaluable.

### NOVEMBER 2024 HIGHLIGHTS

#### Pathlight Performing Arts Club Ends the Year with a Captivating Performance of Overwhelmed



The Pathlight Performing Arts Club concluded the year with a stunning production of *Overwhelmed*, a heartfelt play that dives into the challenges of modern-day stress through the eyes of a teenage boy, Mateen. This performance stood out not only for its emotional depth but also for the way it united every student in the club—whether as lead actors, ensemble members, voice-over talents, or part of the dedicated production crew.

The beauty of *Overwhelmed* lay in its inclusivity. Every student had a role that highlighted their unique strengths. Lead performers brought Mateen’s journey to life on stage, while voice-over talents lent gravity to the pivotal Scene 3. The voiceover talents skillfully layered their voices, with overlapping dialogues representing the overwhelming noise that often echoes in our minds. This cacophony of voices created a visceral portrayal of the inner turmoil and relentless pressures faced by Mateen, making the audience feel the weight of his mental struggles. Meanwhile, the production crew worked tirelessly behind the scenes, handling lighting, props, and sound design with precision and professionalism.

This performance wasn’t just about putting on a show; it was a platform for holistic growth. The students were taught how to moderate a post-show discussion, guiding audience members to reflect on the play’s themes and share their own experiences. This initiative allowed the students to develop public speaking and facilitation skills, empowering them to take on leadership roles and engage meaningfully with others.

The Story of *Overwhelmed* The play masterfully unfolded over four poignant scenes, capturing Mateen’s emotional journey:

- Scene 1: Set in Mateen’s modest HDB flat, this scene highlighted the suffocating tension of his parents’ escalating arguments. The unresolved conflict left Mateen feeling trapped and unheard, painting a vivid picture of the emotional toll of family discord.
- Scene 2: In the bustling environment of Mateen’s school, the pressures of academic performance took center stage. While his classmates celebrated the end of exams with relief, Mateen grappled with his anxiety and self-doubt, unable to share in their joy.

### NOVEMBER 2024 HIGHLIGHTS

- Scene 3: The solitude of Mateen's bedroom became a haunting space as he scrolled through distressing news on his phone. Behind him, three students voiced overwhelming headlines, their words building into a relentless echo of "What are you going to do about it?" This scene captured the paralyzing helplessness of constant connectivity to a troubled world.
- Scene 4: The play's final scene transitioned into a powerful spoken word performance by Mateen, accompanied by two dancers who interpreted his words through emotive movements. This fusion of spoken word and dance symbolized Mateen's emotional journey from despair to resilience. The dancers' synchronized movements illustrated the turbulence and eventual calm in Mateen's mind, offering a glimmer of hope. The spoken word added a raw, lyrical layer to the scene, drawing the audience into Mateen's inner world and his newfound strength.

The play concluded with an interactive segment where the audience was invited to reflect on their own experiences with stress and share coping strategies. Moderated by the students, this post-show discussion turned the performance into a shared experience, fostering empathy and a sense of community. It was a meaningful extension of the play's themes, emphasizing the importance of resilience and understanding in overcoming life's challenges.

Overwhelmed showcased the artistic talents and emotional growth of the Pathlight Performing Arts Club. Through acting, spoken word, dance, voiceovers, and production roles, students learned invaluable lessons in teamwork, creative expression, and leadership. The post-show engagement further enriched their experience, empowering them to connect with the audience on a deeper level.

As the curtain fell, it was clear that Overwhelmed was more than just a performance—it was a testament to the power of storytelling and the incredible potential of these young artists. With this final production, the Pathlight Performing Arts Club has proven that art can not only entertain but also inspire reflection, empathy, and resilience.



**"OVERWHELMED"**  
- A PLAY BY THE  
PERFORMING ARTS CLUB

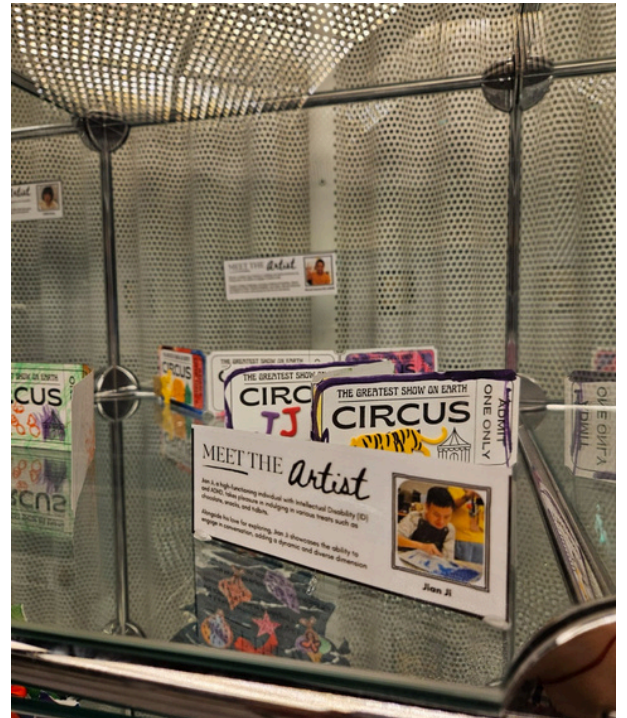
**If your school or organization is looking to spark important conversations about mental health and resilience, contact us to bring Overwhelmed to your stage.**

**Together, let's create a supportive community where every voice matters.**

**Contact us at +65 8842 2471 or write in to:  
[askme@me2.com.sg](mailto:askme@me2.com.sg)  
to schedule a performance!**

### NOVEMBER 2024 HIGHLIGHTS

#### Festive Cheer at Punggol Library: SUN-DAC Clients' Art Display Brightens Christmas



This Christmas season, Punggol Library is hosting a heartwarming art display created by our clients from SUN-DAC Upper Thomson. The exhibit is a testament to the power of collaboration, creativity, and inclusion, spreading festive cheer while showcasing the talents of artists with disabilities.

The art display is the result of a meaningful partnership between Carmella, Head of Business and Projects, and Wei Yi, Teaching Specialist and Curriculum Developer. Together, they collaborated with Jaya, Training Officer at SUN-DAC Upper Thomson, to bring the Christmas-themed artworks of Punggol Library.

The exhibit features an array of festive art pieces, each reflect the joy of the season and the limitless potential of inclusive art programmes.

Carmella and Wei Yi worked closely to design a curriculum that celebrated the individual strengths of each participant while encouraging them to explore new artistic techniques. Their combined efforts ensured that every client felt supported and empowered to express themselves fully.

The art display at Punggol Library is open to the public throughout the holiday season. It's a perfect opportunity to immerse yourself in the creativity of SUN-DAC clients, support the inclusive arts community, and feel the magic of Christmas through their eyes.

We invite you to drop by, admire the incredible artwork, and take a moment to appreciate the stories and efforts behind each piece. Your visit helps amplify the voices of these talented artists and highlights the importance of inclusion and collaboration during this season of giving.

### NOVEMBER 2024 HIGHLIGHTS

#### Transform Your Future with our Early Childhood Vocational Training Programme

Looking to make a difference in early childhood education? The Early Childhood Vocational Training Programme at Me2 Centre of Inclusive Arts, led by our Director of Strategy and Inclusive Arts, Mabel, offers an unparalleled opportunity to gain the skills, confidence, and experience needed to succeed in this meaningful field.

#### Why Choose This Programme?

Mabel's approach goes beyond conventional training. Her dedication to fostering both technical expertise and personal growth has created a nurturing space where trainees feel empowered to explore their potential fully. In Mabel's words, "This programme isn't just about learning to teach; it's about discovering your unique strengths and realizing how you can impact the lives of young learners."



Trainees who have completed the programme often express how Mabel's mentorship made an impact to them:



"Mabel is very enthusiastic and always smiling. She's always happy and finds ways to make us laugh."



"Thank you for believing in me, Miss Mabel. You are the best mentor and teacher, and I appreciate everything you've done to help me accomplish my dreams."



"Ms. Mabel is the best and most patient trainer ever. I enjoy having her around me. She's understanding, and I feel comfortable opening up to her."



"She believed in me when I didn't, Miss Mabel helped me through this course and stood by my side."

Mabel's influence on her trainees extends far beyond the classroom. She has instilled in them a commitment to helping others, just as she has helped them. Her approach is holistic, teaching them not only how to be effective educators but also how to be compassionate leaders in their own right.

If you're ready to start a fulfilling career in early childhood education, don't miss this opportunity to learn from Mabel Lim. Spaces are limited—enroll today to secure your spot and begin your journey!

Call us at +65 8842 2471 or drop us an email at : askme@me2.com.sg now



### 2025 PROGRAMMES HIGHLIGHTS



+65 8842 2471



#### Chatter Bug: The Ultimate Public Speaking Programme for Young Learners!



Unlock the power of confident communication with Chatter Bug, an inclusive and engaging public speaking course designed to help young minds master the art of speaking effectively and with impact. Through fun, thought-provoking topics and interactive visual aids, students will build essential speaking skills in a dynamic and supportive environment.

- Fun & Interactive Lessons: Explore exciting topics and boost communication skills with creative tools.
- Inclusive & Supportive: Tailored to every learner's unique style, fostering confidence in every voice.
- Competitive Edge: Top students will be shortlisted for prestigious Public Speaking Competitions!

Join Chatter Bug today and let your child discover their voice!

#### JR. Performs: A Dramatic Arts Programme for Young Learners!



Ignite your child's creativity with R. Performs! From improvisation to speech, mime to music, and engaging role-play activities, this course offers a dynamic space for kids to express themselves and develop their dramatic talents.

- Explore Multiple Art Forms: Dive into improvisation, speech, mime, and role-play for a well-rounded performing arts experience.
- Inclusive & Fun: Tailored to every child's unique talents
- Build Confidence & Expression: Perfect for young learners to discover their voice, boost self-esteem, and develop social skills.

#### My First Portfolio: A Digital Performance Programme for Young Learners!



Empower your child to shine in front of the camera with My First Portfolio! As live streaming continues to shape the way we communicate, market, and teach, this course equips kids with essential skills to excel in the digital world.

- Build a Digital Portfolio: Create a collection of exciting and impactful digital content.
- Master On-Camera Presence: Gain confidence in speaking and performing in front of the camera.
- Diverse Performance Opportunities

Give your child the tools to succeed in today's digital age with My First Portfolio—where creativity meets confidence!

### 2025 PROGRAMMES HIGHLIGHTS



[askme@me2.com.sg](mailto:askme@me2.com.sg)

Sign Up

#### Drama with Me2: A Theatre Journey for Performers with Disabilities



Drama with Me2 is more than just an acting programme—it's an immersive experience designed to integrate participants into the expressive world of theatre. Through social interaction, self-expression, and collaborative creation, this programme empowers learners to explore their creativity while developing valuable life skills.

- A Journey of Self-Expression: Learn the art of theatre while gaining confidence and creative freedom.
- Cognitive Benefits: Boost memory, problem-solving, and critical thinking through line memorization, cue understanding, and character interpretation.
- Collaborative & Fun: Work together with peers in a supportive environment to create meaningful performances.

#### Art Bug: A Creative Exploration for Young Artists!



Unleash your child's inner artist with Art Bug, a fun and inclusive programme designed to spark creativity and build artistic skills. Through hands-on projects and diverse art forms, students will explore everything from drawing and painting to sculpture and mixed media.

- Explore Various Art Forms: Dive into a wide range of creative mediums and techniques, from painting to sculpture.
- Foster Creativity & Confidence: Encourage self-expression and boost confidence through artistic exploration.
- Fun & Supportive Learning Environment: An inclusive space where every child's creativity is celebrated and nurtured.

#### Dance with Me2: A Dance Journey for Dancers with Disabilities



Let your creativity flow with Dance with Me2, an exciting and inclusive dance programme designed to inspire learners to explore movement, rhythm, and self-expression. Through a variety of dance styles and interactive activities, students will develop confidence, coordination, and a love for dance.

- Explore Different Dance Styles: From contemporary to hip-hop
- Boost Confidence & Coordination: Enhance physical fitness, coordination, and body awareness
- Express Yourself: Dance as a way to express emotions and stories through movement in a supportive and creative environment.

### NEW COLLABORATORS ON OUR MARKETPLACE

#### The Kiap Kiap – Simplest Learning Tool You'll Need



Are you ready to enhance your virtual teaching/presenting experience? Look no further than Kiap Kiap, the ingenious device that brings your lessons/meetings to life.

TKF Edu-Gift Set: \$29.90 (TKF Edu-Gift Set = Kiap Kiap x1 + TKF Doublesided Whiteboard Set x1 + Free Custom Name)

Single Kiap Kiap : \$27.90 (Classic Kiap Kiap x1 TKF Canvas Pouch x1 Instruction Card Packaging)

Color choices: Marigold / Coastal

#### Infinite Love Coconut & Beeswax Candle



Locally hand-poured 100% coconut & beeswax candle infused with light scent of strawberry cream . All ingredients used are non toxic, pets and children friendly. Each jar is 150ml comes with jar lid and box.

\$35.00

Each jar is 150ml comes with jar lid and box.

Candlescape's mission is to continue support various charities and teach valuable skills to underprivileged individuals so they could help themselves and their communities.

#### Revomax 12oz Vacuum Insulated Flask



Our Revomax twist-free lid system is so quick, you can open and close it in less than two seconds. Designed to be both lightweight and secure, you can throw this spill-free bottle into your car, bag without worrying about leaks and spills. Our innovative lid is easy to open with just one hand, so you can enjoy your favourite drink in the car, on the treadmill, or while you're on the phone.

\$42.00 – \$45.00

Color choices: Matte White, Onxy Black, Baby Pink, Sky Blue and Soft Lime

Shop with a purpose and make a difference!

Discover a vibrant hub for inclusive art, creativity, and purpose at Me2 Marketplace! As part of Me2 Centre of Inclusive Arts, our marketplace brings together handcrafted products, artwork, and unique offerings by persons with disabilities, youths at risk & our network of collaborators.

VISIT OUR MARKETPLACE



We're inviting passionate individuals and organizations to join our vibrant Me2 Marketplace community! Whether you're an individual artist, a small business, or a corporate partner, we're excited to collaborate with you.

**Here's your opportunity to:**

- Showcase your unique services or products.
- Be part of an inclusive platform supporting social impact.
- Connect with like-minded collaborators.



DETAILS

**SELECT YOUR CATEGORY**

individual       Corporate

**PERSONAL DETAILS** (  I would like to be excluded from Me2's publications & social media)

Full Name: \_\_\_\_\_ (Dr / Mr / Mrs / Ms / Prof)

Email Address: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Home Address: \_\_\_\_\_

**ORGANIZATION DETAILS** (  I would like to be excluded from Me2's publications & social media)

Name of Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_ (Dr / Mr / Mrs / Ms / Prof)

Organization Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Business Registration Number: \_\_\_\_\_

PRODUCT INFORMATION

**TELL US ABOUT YOURSELF**

Description of Services/Products:  
\_\_\_\_\_  
\_\_\_\_\_

Website or Portfolio Link (optional):  
\_\_\_\_\_  
\_\_\_\_\_

Social Media Links (optional):  
\_\_\_\_\_  
\_\_\_\_\_

**BIG NEWS FOR THE NEW YEAR!**

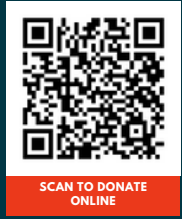
We're welcoming amazing new products to our marketplace and making shopping even easier with categorized subgroups. Get ready for a smoother, more exciting experience!

TERMS

By providing the information set out in this form, I/we agree and consent to Me2, as well as its representatives and employees collecting, using, disclosing and sharing amongst themselves the personal data provided above as well as in the records of Me2 from time to time, and disclosing such personal data to Me2's authorized service providers, and relevant third parties for purposes reasonably required by Me2 to process my transactions to Me2, and to update on its use, as well as relevant activities in Me2.



**PLEDGE**  
YOUR SUPPORT  
FOR INCLUSIVITY  
AND DIVERSITY



SUPPORT

**I want to pledge my support for inclusivity and diversity:**

\$3000 to offset fees of Me2 Training Programme for 1 individual (Person with Special Needs, Youth at Risk or Caregiver)

\*Sponsored Trainee's choice of Me2 Training Programme includes Me2's 3 Core Programmes, Quality of Life Programmes and Vocational Training.

Making a cash contribution (no minimum amount)  
Amount: \$ \_\_\_\_\_

Sponsoring items eg. laptops, cooking equipment (microwave, air-fryer)  
Items: \_\_\_\_\_  
\_\_\_\_\_

DETAILS

**PERSONAL DETAILS** (  I would like to be excluded from Me2's publications & social media)

Full Name: \_\_\_\_\_ (Dr / Mr / Mrs / Ms / Prof)

Email Address: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Home Address: \_\_\_\_\_

**ORGANIZATION DETAILS** (  I would like to be excluded from Me2's publications & social media)

Name of Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_ (Dr / Mr / Mrs / Ms / Prof)

Organization Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Contact Number: \_\_\_\_\_

PAYMENT

**By Paynow**



1. Scan the QR code or key in '202126907N' into your mobile banking app.
2. Enter the amount.
3. Under Ref No., key in "Golf with Me2"

**By Bank Transfer**

Account Name: ME2 PTE. LTD.  
Bank Account No.: 072-042891-9  
Bank Name & Code: DBS BANK LTD. (7171)  
Branch Name & Code: DBS RAFFLES PLACE (72)  
SWIFT Code: DBSSSGSG  
Bank Address: DBS ASIA CENTRAL MBFC TOWER 3,  
12 MARINA BOULEVARD, SINGAPORE 018982

TERMS

By providing the information set out in this form, I/we agree and consent to Me2, as well as its representatives and employees collecting, using, disclosing and sharing amongst themselves the personal data provided above as well as in the records of Me2 from time to time, and disclosing such personal data to Me2's authorized service providers, and relevant third parties for purposes reasonably required by Me2 to process my transactions to Me2, and to update on its use, as well as relevant activities in Me2.

### UPCOMING HONG KONG EXCHANGE IN 2025

#### Upcoming Cultural and Educational Exchange: February 2025



Me2 Centre of Inclusive Arts is proud to host an inspiring exchange event in February 2025, welcoming our collaborators from Hong Kong to engage in meaningful discussions, workshops, and masterclasses focused on inclusive arts, education, and innovation. This exchange aims to foster collaboration, share expertise, and celebrate the transformative power of the arts in building inclusive communities.

#### Event Highlights

- Masterclasses in movement, dramatic arts, and inclusive classrooms.
- Hands-on workshops in inclusive teaching methods
- Networking opportunities to connect educators, artists, and leaders from Singapore and Hong Kong.
- Attendees will have the chance to observe live classroom settings, where they can witness the application of inclusive teaching methods in action.

#### Featured Speaker Cheng Wei Yi



Wei Yi is a passionate creative and advocate for art therapy. A Fine Arts graduate from LASALLE College of the Arts, her work, inspired by personal experience with her grandfather's Alzheimer's, has led her to volunteer with Red Pencil Singapore and work with individuals with disabilities at Me2 Centre of Inclusive Arts. Wei Yi integrates STEM concepts into her art, creating innovative learning experiences, and is dedicated to creating immersive installations that engage and connect communities.

#### Featured Speaker Luqman Asad



Luqman's passion for inclusive dance education spans over a decade. He has developed innovative programmes that empower students of all abilities to express themselves through dance. His commitment to accessibility also includes teaching at Pathlight, SUN-DAC, Institute of Mental Health (IMH) and AWWA. Currently an adjunct lecturer at the School of the Arts (SOTA), Luqman continues to inspire young dancers, blending his extensive experience with a deep passion for nurturing creative talent.

#### Featured Speaker Fazri Iman



Fazri is an experienced educator with a diverse background, holding certifications in TESOL and Estill Voice Training, as well as a BA (Hons) in Arts Management from LASALLE College of the Arts. A trained actor with the Singapore Repertory Theatre's The Young Company, he incorporates his theatrical background into his classes, fostering creativity and self-expression. At Me2 Centre of Inclusive Arts, Fazri develops specialized programmes for students with disabilities



## ANNOUNCEMENT

Join the Me2 family as we embark on an exciting new chapter! We are thrilled to announce our expansion and are now seeking passionate individuals to join us as trainers and volunteers. If you have a heart for making a difference in the lives of others and a desire to be part of a supportive and inclusive community, this is your opportunity.

At Me2, we believe in the power of personal connections and the transformative impact of mentorship. As a trainer, you will have the chance to inspire and guide individuals on their journey towards personal growth and self-discovery.

Volunteers are the backbone of our organization, providing invaluable support and encouragement to our participants. Whether you have a few hours to spare or wish to immerse yourself in a fulfilling long-term commitment, there are various ways to get involved.

Join our expanding family and become part of a vibrant network of individuals who share a common vision: to foster personal development, build lasting relationships, and uplift one another. Please get in touch with us and together, let's create a brighter future, one connection at a time.

## ABOUT US



Me2 Centre of Inclusive Arts, a social enterprise in Singapore, offers a specialized repertoire of fun and interactive programmes focused on activating right brain development through artistic expression.

We aim to inspire and nurture the imagination through captivating activities catered to a wide range of ages and skill levels in visual arts, film-making, dance, theatre and communication.

We believe in making the arts accessible so that everyone can experience or participate in the transformative impact of the arts.



<https://www.Me2.com.sg>



[askme@me2.com.sg](mailto:askme@me2.com.sg)



+65 8842 2471