

A MESSAGE FROM OUR ME2 TEAM



Hello! As the winter chill blankets the world, and December approaches with its enchanting festivities, we extend our warmest wishes to you.

2023 has been a year of growth and resilience for us, and we can't wait to share our adventures & accomplishments with you.

Join us as we reflect on the milestones achieved. Together, let's continue to shatter boundaries and foster a community that values and uplifts each and every member.

This December, we wish you a season brimming with warmth, laughter, and unforgettable moments.

Warmest Regards,
The Me2 Team

SPOTLIGHT ON ME2'S TRANSFORMATIVE IMPACT



Improv with Me2 @ Sun-dac Choa Chu Kang

In our December 2023 issue of Me2 Newsletter, we are thrilled to shine a well-deserved spotlight on an exceptional individual who has been an integral part of our "Improv with Me2" programme. This individual initially faced the formidable challenge of non-verbal communication. However, their journey with us has been nothing short of extraordinary, marked by a remarkable breakthrough.

This transformation stands as a powerful testament to the incredible changes that can occur when individuals are provided with the right opportunities and unwavering support. Through sheer determination and unyielding commitment, they have triumphed over significant communication barriers, achieving the monumental milestone of being able to speak during our programme sessions.

This story serves as a shining example of the transformative potential that the Me2 community offers. The journey of growth and accomplishment we witness is made possible by the steadfast dedication of our instructors.

Vickneswary Jeraman, Centre Manager of Sundac Choa Chu Kang, aptly expressed her gratitude, stating, "We are immensely grateful for the past 6 months of collaboration. We've witnessed remarkable progress, with one of our clients, previously non-verbal, now participating actively in the Me2 program and developing communication skills. Other clients have benefited greatly, particularly in terms of understanding financial concepts and improving social interaction."

The progress, especially in the realms of communication and learning, is a resounding testament to the profound difference Me2 continues to make in the lives of those we are privileged to serve.

JULY 2023 HIGHLIGHTS

Me2 at Cerebral Palsy Alliance Singapore's Leisure Fair



We are thrilled to share that Me2 has been extended a special invitation to participate in the Cerebral Palsy Alliance Singapore's Leisure Fair. This invitation is not just an acknowledgment of our programmes' impact but also signifies the importance of leisure and recreation in enhancing the quality of life for individuals of all abilities.

Our participation in this event reflects our dedication to inclusivity, highlighting the transformative power of leisure activities. We firmly believe in providing everyone with opportunities for activities that bring joy, foster personal growth, and contribute to a fulfilling life.

The Cerebral Palsy Alliance Singapore's Leisure Fair serves as a platform to celebrate the significance of leisure and recreation in creating a well-rounded and enriching life for individuals with diverse needs. We are honored to be part of this initiative and look forward to contributing to the universal conversation about the importance of leisure for a better quality of life for all.



Cerebral Palsy Alliance Singapore (CPAS) is dedicated to serving children and adults with cerebral palsy (CP) and multiple disabilities.

Cerebral palsy, the most common childhood physical disability, is caused by damage to the brain before birth or in infancy. People living with cerebral palsy can have neurological and musculoskeletal problems that affect posture, sensory perceptions, communication, movement and other functions.

JULY 2023 HIGHLIGHTS

Me2 Open House



We recently hosted an unforgettable Open House in July, and we can't thank the attendees enough for joining us in making it a fantastic event. If you were able to attend, we hope you had a great time exploring our offerings and meeting our dedicated team. Your presence made the day truly special!

Highlights from Our Open House:

- **Getting to know Our Fantastic Trainers:** During the event, our dedicated trainers took center stage, demonstrating their commitment to providing unwavering support and motivation. Attendees had a chance to speak to our Trainers and get to know why they do what they do.
- **Artistic Expression:** As part of our diverse range of activities, we provided a creative space for art enthusiasts and novices alike. Our art activities were a hit, allowing participants to express their inner artist, explore their creativity, and most importantly, have a blast while doing so.
- **Programme Exploration:** Our Open House was the perfect opportunity to delve into our programmes. From Quality-of-life initiatives to Vocational Trainings, our offerings are designed to enrich lives and bring out the best in every individual.
- **Engaging Community:** The day was filled with vibrant interactions, as like-minded individuals came together to share stories, experiences, and passions. Our community is a supportive and welcoming one, and you're always invited to join and connect with us.

Missed the Open House? No Problem!

Even though our Open House has concluded, our doors remain wide open to welcome you anytime. Don't hesitate to reach out to us at [+65 9239 2023](tel:+6592392023) or askme@Me2.com.sg to schedule your visit or to inquire about our offerings. We're here to assist you and help you embark on your journey with us.

Thank you for your continued support, and we can't wait to welcome you to our space.

AUGUST 2023 HIGHLIGHTS

Dance with Me2: Beyond Boundaries, Beyond Dance.



Introducing our "Dance with Me2" program, a unique initiative that goes beyond being just a quality-of-life program for developing dance talents. At Me2, we recognize the holistic benefits of dance, including its significant impact on muscle development.

Unlike traditional dance programs, our approach mirrors that of occupational therapists, emphasizing the enhancement of both physical and mental well-being. Our classes are designed not only to nurture dance skills but also to promote muscle building and overall physical fitness.

In our "Dance with Me2" sessions, our experienced instructors employ non-verbal prompts as a guiding tool for movement. This method not only ensures inclusivity for all participants but has also proven to be highly effective in facilitating improvement. The non-verbal prompts create a supportive environment, allowing individuals to express themselves through movement and build strength simultaneously.

By incorporating elements of occupational therapy into our dance program, we aim to provide a comprehensive experience that goes beyond the dance floor. It's about fostering holistic growth, building muscles, and improving overall well-being through the joy of dance.

Leading the way in our "Dance with Me2" program is our esteemed Head Dance Instructor, Luqman Asad, affectionately known to his students as Mr. L. With a decade of unwavering dedication to our organization, Mr. L is passionate about developing individuals with special needs in the art of performing. His commitment is evident in the impact he has made over the years. In 2022, Mr. L showcased his expertise by choreographing and performing in a dance film as part of the Dance Drama "Breakthrough Journey," organized by the Agency for Cultural Affairs, Government of Japan, The Japan Arts Council (Japan Cultural Expo), and BiG-i International Communication Centre for Persons with Disabilities.

As one of the four non-disabled dancers representing Singapore, Mr. L and Me2's Specialist Dance Instructor, Miss Eileen, shared the stage with dancers from Taiwan, Hong Kong, Malaysia, and Japan in Osaka, Japan, in October 2022. This global experience reflects our Dance instructors' commitment to pushing boundaries and creating transformative opportunities for individuals within the Me2 community.

AUGUST 2023 HIGHLIGHTS

"Drama with Me2" is not just about the spotlight; it's about creating a space where every individual feels seen, heard, and valued.



At the heart of "Drama with Me2" lies our commitment to making each lesson a vibrant and immersive experience. We kick off every session with engaging experiential theatre activities that go beyond traditional warm-ups. Imagine using a colossal cloth to keep a balloon afloat, transforming a simple act into a collaborative and visually captivating experience.

These activities serve as dynamic icebreakers, promoting teamwork, coordination, and a sense of shared accomplishment from the very start. By infusing playfulness into the learning process, we set the stage for a creative and inclusive environment where every participant can explore, express, and thrive in the world of drama.

We are dedicated to helping our students break free from their shells and discover the power of self-expression. We employ transformative techniques, including engaging mime to music exercises and simple scripted dialogues, designed to nurture creativity and build confidence. Through the art of mime to music, participants embark on a journey of non-verbal storytelling, allowing them to communicate and connect in a unique and expressive way.

Our programme also offers numerous opportunities to practice improvisation, a skill that goes beyond the stage, fostering quick thinking and adaptability in real-life situations. Whether it's spontaneous scenes or collaborative storytelling, improvisation provides a supportive space for individuals to explore their creativity and develop a strong sense of self.

By combining these elements, "Drama with Me2" becomes a dynamic platform where participants not only learn the art of performance but also gain valuable life skills. As our students engage in mime, scripted dialogues, and improvisation, they gradually shed inhibitions, find their voices, and embrace the joy of self-discovery.

Wanna be part of this exciting journey where the stage becomes a canvas for self-discovery, empowerment, and the celebration of unique talents within the Me2 community? Enquire with our friendly ambassadors!

AUGUST 2023 HIGHLIGHTS

Create with Me2: A Palette of Inclusivity, A Canvas of Diversity.



In "Create with Me2," our visual arts programme goes beyond traditional art classes by guiding trainees through a holistic artistic journey, taking an art piece from conception to completion. Trainees embark on a multi-stage process that encompasses construction, paper mache, painting, and ultimately, building a masterpiece that reflects their unique vision.

The journey begins with construction, where trainees lay the foundation for their creations. Whether it's shaping a three-dimensional form or designing the structural elements of their artwork, this initial stage sets the groundwork for the artistic exploration that follows.

From there, the process transitions to paper mache, adding depth and texture to their creations. Trainees learn the intricate art of layering and molding, infusing their pieces with a tactile and dynamic quality.

As the artwork takes shape, the painting stage becomes a canvas for self-expression. Trainees experiment with color palettes, brushstrokes, and techniques, transforming their creations into vibrant and personalized works of art. The final stage involves building, where individual components come together to form a cohesive and visually striking masterpiece.

Through this comprehensive approach, trainees not only gain proficiency in various artistic techniques but also develop a deep understanding of the creative process from inception to completion.

"Create with Me2" provides a supportive environment where trainees not only learn the technical aspects of art but also cultivate their imaginative prowess. The journey through construction, paper mache, painting, and building is a testament to the programme's commitment to nurturing creativity and empowering individuals to bring their artistic visions to life.

Learn more about this transformative experience where every stage of the artistic process becomes a celebration of individual expression and creativity.

AUGUST 2023 HIGHLIGHTS

Mosaic with Me2: Transforming Fragments into a Tapestry of Creativity.



Step into the world of "Mosaic with Me2," a unique and enriching programme where trainees embark on a captivating journey of mosaic artistry. Unlike traditional art classes, our focus extends beyond individual projects to a dynamic approach where trainees work towards creating a series of mosaic pieces each term. This innovative format allows participants to explore the diverse facets of mosaic art, honing their skills and expanding their creative horizons.

The "Mosaic with Me2" program begins with foundational training, introducing trainees to the intricate techniques of mosaic construction. From selecting materials to mastering the art of placement, participants learn the essentials that form the basis of their artistic endeavors.

As the program progresses, trainees delve into the creation of a series of mosaic pieces, each project building upon the skills acquired in previous terms.

Through this cumulative approach, trainees not only gain proficiency in mosaic art but also develop a keen eye for design, color theory, and spatial arrangement.

The process of creating a series encourages trainees to experiment with various themes, styles, and concepts, fostering a sense of artistic evolution and personal growth.

Ready to embark on a transformative journey with Me2? Unleash your potential, express your creativity, and join our vibrant community! Whether it's Dance with Me2, Drama with Me2, Create with Me2, or Mosaic with Me2, there's a program tailored for you.

Sign up today to experience the joy of self-discovery, the thrill of artistic expression, and the power of community support. Connect with us at +65 9239 2023 or drop us an email at askme@Me2.com.sg to secure your spot in our upcoming sessions.

SEPTEMBER 2023 HIGHLIGHTS

Popsicle-Making @ Boys Town



Me2 had the pleasure of conducting an exciting September holidays workshop for the boys at Boys Town, and it was a blast! Partnering with Frozt, one of Me2's amazing collaborators, we aimed to take the boys on a refreshing journey for their taste buds.

The programme was nothing short of thrilling, promising a unique blend of creativity and indulgence. Frozt's workshops were designed to let participants master the art of crafting mouthwatering popsicles from scratch. Fresh fruit juices and a variety of nutritious ingredients were the stars of the show, revealing the secrets to creating delectable frozen treats that were as nourishing as they were delightful.

Ready to embark on a flavorful journey of creativity and indulgence? Join the Frozt and Me2 collaboration for an unforgettable workshop that will tantalize your taste buds and unleash your culinary imagination!

Enquire with us now to book your slot and unlock the secrets to making delightful, healthy popsicles that will impress both your taste buds and your friends. Call us at +65 9239 2023 or drop us an email at askme@Me2.com.sg to secure your spot in our upcoming sessions.

But that's not all – Frozt's workshops took it up a notch by allowing the boys to design their own popsicle cups. Imagine letting your imagination run wild as you adorned your frozen creations with personalized touches, making each popsicle not only a treat for the taste buds but also a visual delight.

The workshops catered to all skill levels, whether you were a novice in the kitchen or a seasoned culinary enthusiast.

The collaboration between Frozt and Me2 was all about unlocking the secrets to making delightful, healthy popsicles that would not only impress the boys at Boys Town but also make for a fantastic experience to share with others.

SEPTEMBER 2023 HIGHLIGHTS

Lantern Festival: More than a celebration of Lights



The Lantern Festival holds a special place in the hearts of Me2, particularly when it comes to serving individuals with disabilities, youths at risk, and caregivers.

The Lantern Festival represents more than just a celebration of light; it symbolizes hope, transformation, and the power of collective effort to overcome challenges.

For persons with disabilities, the Lantern Festival serves as a beacon of inclusivity. It's a reminder that just like the vibrant array of lanterns lighting up the night sky, every individual, regardless of their abilities, contributes to the beauty of our community. T

The festival becomes a canvas for showcasing the unique strengths and talents that each person brings, breaking down barriers and fostering a sense of belonging.

This September, Me2 organized an art workshop to craft exquisite Oriental lanterns. The workshop wasn't just about creating beautiful pieces; it was a celebration of unity, diversity, and the transformative power of art.

Guided by skilled instructors, they embarked on a journey of self-expression, using vibrant colors and intricate designs to breathe life into their Oriental lanterns. The process became a metaphorical representation of the diversity within our community, showcasing the beauty that arises when different talents and perspectives come together.

As the lanterns adorned the festival, they told a story—a story of unity, resilience, and the power of creativity to transcend boundaries. Join us for this beautiful festival in year 2024!

OCTOBER 2023 HIGHLIGHTS

Enabling Village Tour with Sheldon



Discover the inclusivity stories and community at The Enabling Village.

Tour is suitable for anyone above the age of 7 | Public tour will only commence with a minimum of 4 participants.

Group pricing from \$40/pax is available for corporates and schools, email bookings@tribe-tours.com to enquire.

Our encounter with Sheldon, an ardent advocate for inclusivity, was truly serendipitous as he graciously conducted a personalized tour for Me2 at the Enabling Village. His authentic enthusiasm and unwavering commitment to cultivating a more inclusive society seamlessly aligned with Me2's overarching mission. Sheldon's guided tour was a masterclass in storytelling, skillfully unveiling the vibrant ecosystem thriving within the Enabling Village's confines.

In our relentless pursuit of building a supportive and interconnected ecosystem, connecting with like-minded champions such as Sheldon was nothing short of a serendipitous blessing. His profound insights, shared experiences, and sincere engagement with the community became a wellspring of inspiration for our team. Sheldon's tour served not merely as an exploration of physical spaces but as a poignant reminder of the transformative power inherent in collaborative efforts, reinforcing the importance of fostering an environment where every individual can thrive.

OCTOBER 2023 HIGHLIGHTS

President's Challenge Enabling Employment Pledge



We are thrilled to share the exciting news that Me2 has proudly become a signatory of the President's Challenge Enabling Employment Pledge. This significant commitment reflects our unwavering dedication to fostering inclusivity and equal opportunities within our workplace. By embracing this pledge, we reaffirm our commitment to creating a diverse and empowering environment, where every individual, regardless of their abilities, can thrive and contribute meaningfully. We look forward to the positive impact this initiative will bring and appreciate your continued support as we strive to make a difference in the realm of inclusive employment.

OCTOBER 2023 HIGHLIGHTS

Crafting Joy, Shaping Futures: Remembering our Charity Bowl Event



As event organizers, we are deeply honored to have been entrusted with the mission of orchestrating a Charity Bowling event aimed at bringing joy into the lives of vulnerable children. The event surpassed all expectations, leaving an indelible mark on all who attended.

From the very first roll of the bowling ball, a palpable sense of magic filled the air. The radiant smiles on the children's faces as they aimed for the pins, the spirit of teamwork and camaraderie among participants – together, these elements wove an atmosphere of warmth and togetherness that was truly heartwarming. Prior to the bowling excitement, we initiated a team-building pre-bowl activity, where participants enthusiastically engaged in a tote bag designing activity. This collaborative effort further solidified the sense of togetherness and unity that marked the day.

We extend our sincerest gratitude to the participants who wholeheartedly embraced the spirit of giving, the volunteers who selflessly dedicated their time, and the children who served as a poignant reminder of the authentic essence of happiness. Your presence and unwavering enthusiasm were the defining highlights of the day.

While the event may have drawn to a close, the impact it has left behind is enduring. The smiles that graced our faces and the connections we forged are the seeds of change that we sowed together.

As we move forward, let this day serve as a perpetual reminder of the immense good that can be achieved when we unite in a common cause. Let us continue to spread joy, shape the futures of those in need, and make a lasting and meaningful difference in the lives of those who need it most.

Calling all bowling enthusiasts and champions of compassion! Get ready to turn your next event into a heartwarming and impactful experience. Introducing our Charity Bowling Extravaganza – where strikes and spares come together to make a difference! ✨ Join us for a night of strikes, spares, and spreading love to those in need. It's more than just a game; it's a chance to make a meaningful impact. Put on your bowling shoes and let's roll for a brighter future!

OCTOBER 2023 HIGHLIGHTS

In partnership with YMCA for the grand opening of the new Minds Hub in Bukit Batok



We are delighted to share some exciting news with you! Me2 had the privilege of conducting a special 2-recipe meal prep workshop for the grand opening of the new Minds Hub in Bukit Batok on October 2023.

The freshly inaugurated Minds Hub stands as a symbol of hope and support for individuals with intellectual disabilities and their dedicated caregivers. This hub offers a wide array of enriching programs, ranging from painting to cooking, all designed to nurture the unique talents and abilities of the special individuals in our community.

Mr. Desmond Lee, Minister for National Development, was present at this grand occasion, underscoring the significance of the event. His presence highlights the critical need for the strong support of our community leaders in empowering individuals with intellectual disabilities.

We were deeply honored to be a part of the celebration of this remarkable initiative by sharing our love for cooking with the incredible individuals at Minds Hub.

This collaboration is a testament to the power of community and the joy that comes from sharing skills, knowledge, and a passion for cooking. We look forward to more wonderful opportunities to make a positive impact on the lives of those we serve.

Stay tuned for more heartwarming updates from Me2!

Meal Preparation with Me2 is a transformative quality of life program, offering both heat and non-heat options to cater to the unique needs of our students. It's not just about cooking; it's a journey of self-discovery, boosting confidence and fostering independence. Whether our students are creating warm dishes or enjoying the pleasures of assembling cold delights, our program empowers them to embrace culinary creativity, develop practical skills, and enhance their overall quality of life, promoting inclusivity in a warm and supportive environment.

NOVEMBER 2023 HIGHLIGHTS

Early Childhood Vocational Training for Aspiring Preschool Teachers



As a training partner for YMCA, Me2 is dedicated to nurturing talent, fostering growth, and providing opportunities for young individuals to realize their full potential.

Our Vocational Training Programme offers a transformative experience, opening doors to a world of possibilities and empowering trainees to pursue their dreams and embark on a rewarding career path. Together, we aim to make a lasting impact on the lives of the next generation.

At Me2, we're proud to introduce our Early Childhood Vocational Training program, a pathway to empower aspiring preschool teachers and foster the next generation of educators. Our program is more than just a career choice; it's a journey of dedication and passion. We believe that the foundation of exceptional teaching begins with nurturing well-rounded individuals. That's why our training includes self-care segments, recognizing the importance of personal well-being in the education field.

Our vocational training program is designed to provide comprehensive training in early childhood education, equipping our students with the knowledge and skills necessary to excel in the field.

With a focus on practical, hands-on experience, our aspiring teachers engage in classroom activities, lesson planning, and child development studies, ensuring they are well-prepared to make a difference in young lives.

But we understand that teaching is not just about what you know; it's about who you are. The self-care segments of our program offer a holistic approach, helping our students maintain their well-being while balancing the demands of their profession. We cover stress management, self-care practices, and strategies for building resilience. We believe that by taking care of themselves, our aspiring teachers can provide the best care and support to their students.

In summary, our Early Childhood Vocational Training program not only prepares future preschool teachers with the essential skills and knowledge but also recognizes the significance of their well-being. We believe that great educators are nurtured from within, and that's why we're committed to shaping not only knowledgeable professionals but also empathetic, resilient, and compassionate teachers who are prepared to make a positive impact on young minds.

With Me2, the journey to becoming an outstanding educator begins with self-care and a dedication to holistic education.

NOVEMBER 2023 HIGHLIGHTS

Inspiring Insights at House on the Hill's Team Building Day



We are thrilled to share the incredible experience we had at House on the Hill's recent staff team building day! We were honored to be invited, and Carmella our Business Development Coordinator from Me2 had the privilege of being the guest speaker for the event.

The focal point of Carmella's talk was the importance of self-care. She provided valuable tips on nurturing both mental and physical well-being. Self-discovery was a key theme, and Carmella offered practical tips and tools for personal growth, including the benefits of keeping a journal. Her perspective on being an educator struck a chord with the teachers present, emphasizing the rewards and challenges of the profession and inspiring them to be the best versions of themselves.

House on the Hill is a house of curated learning, a genuine Montessori. Founded in 2012, HoTH believes in immersing the child in an open and stimulating environment with a curriculum of experiential learning - allowing each child to develop life-long skills for their future successes at their own pace.

HoTH is a family run school stemmed from the passions of three people's shared vision for excellence in early childhood education. Thoughtful consideration is put into the entirety of our school, from the lush green surroundings to the daily curriculum of learn and play.

As a parent, Carmella shared her unique insights into how House on the Hill has positively influenced her and her child. She highlighted the impactful day-to-day interactions with the teachers and the school as a whole.

The team-building day brought together staff from all four branches—Mount Sophia, Balmoral, Pasir Panjang, and Hollandse Club.

It was a fantastic opportunity for us to connect, collaborate, and strengthen our bonds as a community. We extend our sincere gratitude to House on the Hill for the warm invitation and for fostering an environment of growth and collaboration.

NOVEMBER 2023 HIGHLIGHTS

Outing to The National Museum of Singapore



It's that time again – time for our eagerly awaited termly learning journey! This edition took us to the heart of history and culture as we ventured to the National Museum of Singapore with our valued clients from Sun-dac Upper Thomson.

This outing is a significant part of Me2's Beyond Sun-dac collaboration, an initiative designed to integrate our clients into society, fostering a profound sense of belonging and inclusion. What makes this journey even more special is that it's part of the Improv with Me2 programme, a community living skills initiative that adds a unique and dynamic flair to our shared experiences.



Improv with Me2 is more than just a programme; it's a commitment to enhancing the lives of our community members. Through interactive activities and engaging scenarios, we aim to build essential life skills, boost confidence, and nurture a spirit of collaboration.

Our clients from Sundac Upper Thomson embraced the adventure, showcasing their ability to recall travel routes and navigate public transportation independently. From taking the bus to seamlessly changing to the train, they skillfully reached Bencoolen Station. The journey continued as they walked over to the National Museum, demonstrating not only their practical skills but also their enthusiasm for exploration.



The National Museum of Singapore, with its rich exhibits and interactive displays, served as an engaging platform for our clients to delve into history, culture, and art. Witnessing their curiosity and excitement was truly heartwarming, reaffirming the impact that these experiences have on fostering a sense of connection and understanding.

As we reflect on this learning journey, it's evident that these outings go beyond the educational realm. They are a testament to the power of community and the profound impact of inclusion. Improv with Me2 is not just a programme; it's a celebration of growth, resilience, and the joy of learning together.



A heartfelt thank you to our clients from Sun-dac Upper Thomson for their enthusiasm and openness to new experiences. Special gratitude to the entire Me2 community for making these learning journeys, enriched by Improv with Me2, possible.

Here's to many more adventures and shared moments of growth!

DECEMBER 2023 HIGHLIGHTS

Catch up with Me2's successful trainee placements



nurturing learning environment truly exemplifies the values we hold dear at Me2.

Equally commendable is Irfan's journey, as he joins us not only as a trainee but now as a part of our team. Irfan has assumed the role of an Assistant Trainer for our Me2 programmes, utilizing what he learnt in training to further enrich the experiences of our trainees. These success stories are a testament to the transformative power of dedication, perseverance, and the support provided by the Me2 family. We congratulate Zhi Tong and Irfan on their achievements and look forward to witnessing their continued growth within our community.

In this edition, we are delighted to catch up with two remarkable success stories from the Me2 community – Zhi Tong and Irfan. Zhi Tong, a shining example of dedication and passion, has successfully completed her probationary period at House on the Hill Preschool and has now transitioned into a full-time role as an Early Childhood Education Teacher. Her commitment to fostering a



My First Portfolio with Me2 - More than just a digital performance programme



Beyond honing digital performance skills, our trainees actively engage in the art of crafting their narrative through script preparation, content development, & storyboard planning. This holistic approach not only enhances their digital performance capabilities but also equips them with invaluable skills in storytelling and content creation. We understand that a compelling performance goes hand in hand with a well-crafted narrative

and My First Portfolio ensures that our trainees are adept at every aspect of the creative process. As our trainees embark on their journey with us, they not only refine their digital performance techniques but also cultivate lasting friendships and fortify their self-confidence. The microphone becomes a powerful instrument not just for projecting voices but for discovering and amplifying the authentic voices within. In the nurturing environment fostered by Me2, trainees find the courage to articulate their thoughts, embrace their uniqueness, and confidently express themselves.

DECEMBER 2023 HIGHLIGHTS

Deck the Halls with Amutha: Me2's Featured Family Member

In 2018, Amutha, affectionately known as Amu, woke up one fateful day to a blurry world. Little did she know that this life-altering moment would set her on a remarkable journey of resilience, determination, and triumph.

Amu, a self-professed tomboy, was known for her love of adventurous activities like driving heavy duty vehicles. She reveled in the thrill of the open road and the freedom that these activities provided. However, in 2018, her life took an unexpected turn when she awoke with blurry vision. A visit to the doctor revealed a growth that was affecting her vision. Over time, she lost a staggering 80% of her sight, and the world she once knew transformed into a challenging and unfamiliar place.

While many would have succumbed to the challenges posed by such a life-altering diagnosis, Amu displayed unwavering determination. She refused to let her vision impairment define her or dictate her future. Instead, she set her sights on new horizons and fresh opportunities. Her journey of resilience and hope led her to Me2's vocational training programme designed to empower individuals with disabilities to regain their independence and reintegrate into the workforce.

Amu's story at Me2 is a testament to the transformative power of second chances.

Not only did she embark on her vocational training journey, but she also exceeded all expectations. She demonstrated unparalleled dedication, passion, and a remarkable work ethic, which quickly caught the attention of her mentors and colleagues.

Not only did Amu pass with flying colors, but she did so with a radiant smile that lit up every room she entered. Her infectious warmth and unwavering positivity touched the hearts of everyone at Me2. It became evident that Amu was more than just a participant in the programme; she was destined to become an integral part of the Me2 family.

The success of Me2 is built on the strength of its community and the dedication of its members. Amu's journey has been nothing short of inspiring, and she has become a beloved member of the Me2 family. Her resilience, determination, and radiant personality have made her a cherished presence within our organization.

Enquire about our Vocational Training Programme today! You can reach out to us at [+65 9239 2023](tel:+6592392023) or askme@Me2.com.sg.





PLEDGE YOUR SUPPORT FOR INCLUSIVITY AND DIVERSITY

SUPPORT

I want to pledge my support for inclusivity and diversity:

\$3000 to offset fees of Me2 Training Programme for 1 individual (Person with Special Needs, Youth at Risk or Caregiver)

*Sponsored Trainee's choice of Me2 Training Programme includes Me2's 3 Core Programmes, Quality of Life Programmes and Vocational Training.

Making a cash contribution (no minimum amount)
Amount: \$ _____

Sponsoring items eg. laptops, cooking equipment (microwave, air-fryer)
Items: _____

DETAILS

PERSONAL DETAILS (I would like to be excluded from Me2's publications & social media)

Full Name: _____ (Dr / Mr / Mrs / Ms / Prof)

Email Address: _____ Contact Number: _____

Home Address: _____

ORGANIZATION DETAILS (I would like to be excluded from Me2's publications & social media)

Name of Organization: _____

Contact Person: _____ (Dr / Mr / Mrs / Ms / Prof)

Organization Address: _____

Email Address: _____ Contact Number: _____

PAYMENT

By Paynow



1. Scan the QR code or key in '202126907N' into your mobile banking app.
2. Enter the amount.
3. Under Ref No., key in "Golf with Me2"

By Bank Transfer

Account Name: ME2 PTE. LTD.
Bank Account No.: 072-042891-9
Bank Name & Code: DBS BANK LTD. (7171)
Branch Name & Code: DBS RAFFLES PLACE (72)
SWIFT Code: DBSSSGSG
Bank Address: DBS ASIA CENTRAL MBFC TOWER 3,
12 MARINA BOULEVARD, SINGAPORE 018982

TERMS

By providing the information set out in this form, I/we agree and consent to Me2, as well as its representatives and employees collecting, using, disclosing and sharing amongst themselves the personal data provided above as well as in the records of Me2 from time to time, and disclosing such personal data to Me2's authorized service providers, and relevant third parties for purposes reasonably required by Me2 to process my transactions to Me2, and to update on its use, as well as relevant activities in Me2.

UPCOMING PROJECTS IN 2024

Nian's Attack on Pathlight Village



We will be staging an interactive Chinese New Year performance at Pathlight School in 2024.

Experience the magic of Chinese New Year like never before in "Nian's attack on Pathlight Village".

This unique and engaging performance invites the audience to become an integral part of the story, stepping into the roles of Nian, the mythical monster, and the brave Villagers who protect their village from the annual threat.

Inclusive Artist Development Programme, a transformative one-year initiative by Me2 aimed at nurturing talented artists with disabilities



Under the banner of our initiative, "No longer in the background," we aspire to integrate our students with special needs into the wider community, showcasing their artworks to foster appreciation for the arts and celebrate their unique talents. As part of this vision, we want to collaborate with the Town Councils in an exciting partnership. Together, we aim to revitalize old HDB flats by providing a fresh aesthetic to the pillars at the void decks, contributing to a renewed visual landscape in these beloved neighborhoods.

Inclusive Business Programme (Entrepreneurship Programme for Home-based Business Owners)



Discover the transformative power of our Inclusive Business Programme, designed for individuals seeking financial stability through their own home-based businesses. We provide comprehensive guidance, starting from the basics of logo design to crafting captivating Instagram posts. Our expertly curated curriculum ensures you gain the essential skills and knowledge necessary to thrive as an entrepreneur.

Call +65 9239 2023 or email us at askme@me2.com.sg to find out more!



ANNOUNCEMENT

Join the Me2 family as we embark on an exciting new chapter! We are thrilled to announce our expansion and are now seeking passionate individuals to join us as trainers and volunteers. If you have a heart for making a difference in the lives of others and a desire to be part of a supportive and inclusive community, this is your opportunity.

At Me2, we believe in the power of personal connections and the transformative impact of mentorship. As a trainer, you will have the chance to inspire and guide individuals on their journey towards personal growth and self-discovery.

Volunteers are the backbone of our organization, providing invaluable support and encouragement to our participants. Whether you have a few hours to spare or wish to immerse yourself in a fulfilling long-term commitment, there are various ways to get involved.

Join our expanding family and become part of a vibrant network of individuals who share a common vision: to foster personal development, build lasting relationships, and uplift one another. Please get in touch with us and together, let's create a brighter future, one connection at a time.

ABOUT ME2



Me2 is dedicated to supporting individuals & transforming lives in our community. We offer a range of impactful programs that serve three distinct groups: persons with disabilities, youths at risk, and caregivers.

Our programmes focus on quality-of-life, vocational, and community living skills training. By providing essential skills, resources, and support, we aim to enhance self-confidence, improve communication, and foster inclusion within the community.

Interested to find out more?
Talk to us today!



<https://www.Me2.com.sg>



askme@Me2.com.sg



+65 9239 2023