

## A MESSAGE FROM OUR ME2 TEAM



Hello there! We are all so excited to be back in full swing now that Covid-19 restrictions have eased.

The first half of 2022 have been filled with exciting activities and we can't wait to share them all with you.

We made lots of new friends and collaborated with many like-minded individuals, as well as organizations, to create different platforms for **persons with special needs, youths at risk and caregivers** to be engaged, trained and elevated.

We would like to take this opportunity to thank our sponsors and partners for their support, without which, many of these opportunities would not have been possible.

Warmest Regards,  
The Me2 Team

## JANUARY 2022 HIGHLIGHTS



### Vocational Training Programme

A huge congratulations to Adelia, 16 years old and Siti, 17 years old, for completing our 4 weeks Vocational Training Programme in "Teaching the Arts in the Early Childhood Industry - Speech and Drama Specialization".

During the course of 4 weeks, they were introduced to the foundations of public speaking, storytelling, prop making and the creation of age-appropriate curriculum for preschoolers.

As part of their final project, Adelia and Siti had to design the Lookbook for a Children's Drama Production.

We cannot be more proud of the girls for overcoming their stage fright and insecurities during the course of this programme. Well done Adelia and Siti!



## FEBRUARY 2022 HIGHLIGHTS

### Adidas Tour360 22 Golf Shoes Unboxing Experience



Have you seen Adidas's latest Tour360 22 Golf Shoes? Me2 was commissioned by Adidas to create the unboxing experience for the launch of their Tour360 22 Golf Shoes.

Our Trainees had a blast working on the life-sized golf balls under the patient guidance of our dedicated Me2 Trainers.

The full unboxing experience was specially curated by our Senior Trainer, Tiffany Shamman.

# NEWSLETTER

## JUNE 2022 EDITION



Our Trainees were involved in every process of the creation of the golf ball. It was a grueling process which requires patience, stamina and care.

Well done to our Trainees - Annette, Leann, Nicolette, Elliot and Michael! We thank you for your commitment in ensuring every recipient receives the best unboxing experience!

## APRIL 2022 HIGHLIGHTS

**Rugby Sevens is back and Me2 is dominating 3 fringe activities this year!**



Singapore welcomes back the world's top rugby sevens players from 16 teams to the National Stadium at Singapore Sports Hub. The Singapore leg is the fifth of nine tournaments in the men's HSBC World Rugby Sevens Series 2022, which started with two events in Dubai in November and December 2021. South Africa has dominated the 2022 season thus far, winning the first four events of the series.

We were so excited to be part of one of the first events to re-commence since the Covid-19 pandemic. We helped not one but three different fringe activities this year.

At Dance@7s, our favourite duo - DJ Daryl and Dancer Dawn aka The Double D's were ready to welcome anyone and everyone with a Tik Tok Dance Challenge, Mass Dance Party and a hands-on DJ experience, working the sound board. Our Trainees were stationed at Merchandise@7s where they sold Rugby balls of different sizes. Our amazing sales team managed to sell out even before the end of Day 2. Way to go! Movies@7s was our Kids Drop Off point, for kids to enjoy their very own Movie Drive-in Experience!

What an awesome two days! We can't wait for our next big event and group day out together!

### MAY 2022 HIGHLIGHTS

Me2's Trainees with Special Needs craft a gigantic Soccer Ball alongside Fandi Ahmad for the Launch of Fandi's Biography.



Me2's Trainees – Jacob Cook, 22 years old and Jayden Ong, 19 years old, worked with their dedicated instructors to craft the perfect Soccer Ball for the unveiling of Fandi Ahmad's Biography "Honour & Sacrifice". Using the Paper Mâché technique, the Trainees painstakingly create a strong shell reminiscent of a Soccer ball, to hold Fandi's carefully placed book inside. The outer shell's iconic Soccer Ball design is meticulously constructed using string art. The strings are cotton milk yarn and the reason behind this choice of yarn is because milk cotton is hypoallergenic. Many people with allergies seek pure milk textiles as an alternative to wool and other fibers. The production of milk cotton is also 100% sustainable. While Me2 aims to be inclusive, we are also doing our part (the best way we can) for the environment.

Jacob and Jayden attend the Me2 Train, a programme aimed at preventing cognitive regression by engaging students in a variety of activities such as social skills, communication, drama expression, art techniques and the creation of a digital portfolio. They are fans of the sport and are thrilled to have the opportunity to meet and work alongside Singapore's very own Football legend.

Fandi, personally worked on the creation of this gigantic soccer ball with the Trainees. Like the sport, the art of creating this sculpture requires discipline, precision, and heart.



Now available at local major bookstores for \$28.90. 5,000 copies of Fandi: Honour & Sacrifice have been printed. This is Fandi's second biography and was written by Durga Poonambalam, Creative Director at creative agency WriteHaus Asia.

### MAY 2022 HIGHLIGHTS

#### Fortitude Culina's Pop-up Dinner at The Social Space



We were invited by Aaron, Director of Fortitude Culina to train two of his head chefs - Chef Erna and Chef Alex in Speech and Confidence so that they could introduce their dishes at Fortitude Culina's "Herbs, Spice & Everything Nice" Pop-Up Dinner at The Social Space.

Chef Erna and Chef Alex shared with us their concerns during their training.

It was clear that they were very passionate about their craft as their main concerns were always the quality of food that they will be serving that day.

Both Chefs did an amazing job on event day. Not only were their dishes on point, their Speech and Confidence were outstanding!

Heartfelt congrats to Aaron and his amazing Team on the success of the event! We are looking forward to our next collaboration and your next dinner menu already! \*SLURPS

**Fortitude Culina is founded on the belief that the best Asian food can be found in Singapore.**

**It started with Erna and Aaron. Erna is a low-vision home cook & Aaron is a social entrepreneur.**

**The name Fortitude Culina was thought of by Erna as she aims to excel her culinary skills despite her visual impairment.**

**To learn more about Chef Erna and Chef Alex, visit:**

**<https://youtu.be/Xyhdsn7VYqY>**

### MAY 2022 HIGHLIGHTS

#### A Me2 Experience at the Red Cross

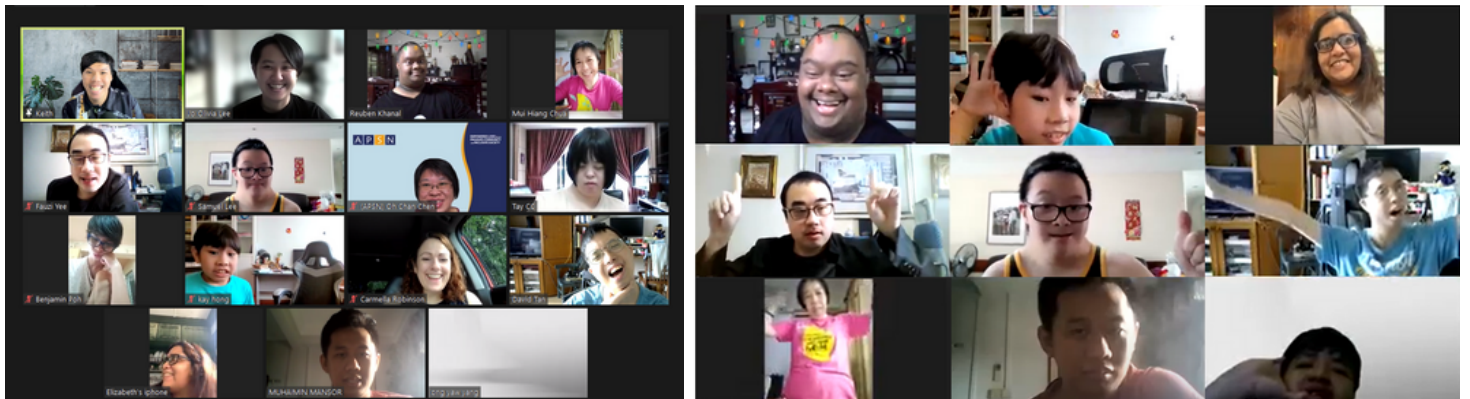


Our Me2 Trainers had such a wonderful time at The Red Cross where they interacted with the residents and got them to participate in a group art activity.

What a fruitful day! The smiles in the pictures say it all. Go Team!

### JUNE 2022 HIGHLIGHTS

#### June Holidays Online Drama Workshop for APSN



Check out our June Holiday Zoom Drama Workshop for The Association for Persons with Special Needs (APSN).

The trainees had a ball of fun with power poses, voice intonations and the delivery of monologues! We miss seeing everyone's happy faces already!

Looking forward to our next workshop!

### OUR FEATURED TALENTS

Have you seen our "A Tomorrow with Me2" Video?



#### CALLING ALL CHANGE MAKERS

Interested in creating a positive impact on someone's life? Not sure where to start or what you could offer?

Please speak to us to find out the different ways you too can make a difference.

Email us at: [enquiries@Me2.com.sg](mailto:enquiries@Me2.com.sg); or call us at +65 9239 2023

We are thrilled to give everyone an inside peek into the making of our "A Tomorrow with Me2" video. Jacob and Jayden (pictured above) have been selected to be our "Featured Stars" for our June 2022 Edition because of their amazing contributions and progress since they came onboard our Me2 Train.

Jacob Cook (left in above photo), has Autism Spectrum Disorder (ASD), which makes it difficult for him to understand social cues. As social cues are paramount to communication and navigating oneself through society, Jacob's friendliness may not always be understood. One visible progress we noticed in Jacob during his time in our programme, was his awareness of other's personal space which has led him to be able to build meaningful friendships with others.

Jayden Ong (right in above photo), also has Autism Spectrum Disorder (ASD). He goes through a process to prepare himself for activities and hence finds it difficult when sudden changes occur. This can make daily activities challenging as there are so many variables. Jayden hopes to be comfortable in social situations and to have a quicker response time to change so that he can ultimately find long term employment. Under the dedicated coaching by our Trainers, Jayden has made improvements in managing his emotions and expressing his needs.

Like everyone else, both Jacob and Jayden have dreams and goals too. Jacob hopes to one day go into farming and own a Winery whereas Jayden aspires to create content for a media company.

We are so grateful to their sponsor Ms Ngo Min Ying for her generosity and trust in our vision. With her support, individuals like Jacob and Jayden have the opportunity to continue to be engaged, learn life skills and be job-ready. Sponsorships are integral to our ability to serve families who are undergoing hardships in our community and give them a chance too, to improve their quality of life.

### FEATURED PRODUCT

**Purchase our Me2 Revomax 20oz Vacuum Insulated Flask (592ml) and lend a hand to our beneficiaries**

Imagine a world where everyone has access to opportunities, where no one is left behind and forgotten because they don't necessarily fit into "societies' norms". We want to create a world where everyone has the opportunity to say, "Yes, sign me up, me too.", "Yes, I can do that, me too!", "Yes, include me, me too!".

One way we can help create a wider reach and include everyone is by the sale of our Me2 merchandise. Proceeds go to funding the programmes and training for those who need financial assistance.

Comes in 4 gorgeous colours. Get this award-winning German iF Product Design for only \$55. Available on our Website.



### FEATURED PROGRAMMES



#### Discover the art of creating simple meals

Sign up for our "Art of Food Assembly" programme to learn to create simple meal options at home. Who says home cooking needs to be complex and boring?

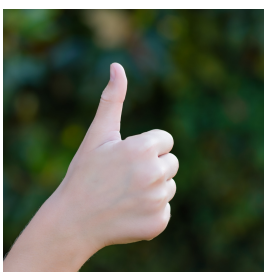
In this 90 minutes workshop, we want to equip you with important skills and basic food hygiene knowledge so that you can create delicious yet easy-to-make meals at home, without neglecting your nutritional needs. Enquire for individual or group bookings today.



#### Be job-ready

Want to learn what to say during an interview? How to build your resume or portfolio? This is the programme for you.

Besides giving you tips to ace your interview, we also want you to leave the programme, believing in your strengths and what you can offer. Enquire for individual or group bookings today.



#### Get matched with our Partners

Are you looking for employment?

Me2 works with different partners and we just may have the job for you. Speak to our friendly Ambassadors for Change and let us know your aspirations and needs. We also provide vocational training and supported job placements. Enquire for you or someone you know today.



## ANNOUNCEMENT

Me2 is happy to announce that 3 of our core programmes are approved for funding under The Temasek Trust- CDC Lifelong Learning Enabling Fund. Enquire with us today! T&C apply.

### Improv with Me2 APPROVED

Improv with Me2 is an instructor-led face-to-face re-enactment programme to expose learners to real life situations so that they can pick up and practise the skills required to adapt, respond, and interact in those scenarios.

### Create with Me2 APPROVED

Create with Me2 is a creative art programme that exposes learners to different art techniques and art mediums through the storytelling about famous artists and the introduction to art history. The programme is intended to improve the motor skills of the learners through a fun way of learning.

### My First Portfolio with Me2 APPROVED

My First Portfolio with Me2 is a programme for learners to develop their own digital portfolio and be confident and fluent speakers in front of a camera. With live streaming increasingly overtaking how messages are communicated, marketed, and taught, it is instrumental for learners to pick up this essential skill.

## ABOUT ME2



Me2 provides Persons with Special Needs, Youths at Risk and Caregivers unique training & support to help them bridge the skills they need to be more independent and employment ready.

Aside from our 3 core programmes, we also offer quality of life programmes in the areas of meal preparation, self care and communications.

As part of our commitment to listen to our stakeholders, we also customize workshops tailored to the needs of our clients and partners.

Interested to find out more?  
Talk to us today!



<https://www.Me2.com.sg>



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